Kia ora Koutou,

Term 4 has been full-on! Prize-givings, farewells, senior NCEA exams, junior exams, new entrant days, retreats, a Year 7/8 production and a Year 8 camp, sports exchanges and now our enviro and activities week. Instead of winding down the year always seems to get busier when the seniors go. So we apologize if this newsletter is slightly too big but I think that it sums up a pretty exiting term.

A large part of my commitment in this term goes into planning for next year. I have to say that 2018 has been an unusually difficult year in terms of staff having to take leave for various reasons. Despite all of our efforts this has impacted on our classes – particularly in our junior school. The good news is that we are only fare-welling one teacher – Mr Piripi – at the end of this year. We thank him for his almost 20 years of service to the College and wish him all of the best for his future. We congratulate Mr Jonny Hewson on his appointment as our new Head of Health and Physical Education and we welcome back Mr Hayden Mourits to the staff as a Physical Education teacher.

Thank you for all of your support through this year. The vast majority of our boys – your sons – have been awesome! Thank you to our staff. I have spent the last few days watching many of them running workshops and activities that they volunteered to plan and make happen – all with the intent of giving your sons great learning experiences.

Now for Christmas. For many of us it’s great. Presents, family, great food and maybe a holiday away. We have boys here who will get all of that and I think that is wonderful. We also have boys here – quite a lot I have to tell you – who do not get presents and the food will not be particularly special and there can be no holiday away. These different boys are sitting next to each other in the same classes and they will grow up next to each other into adulthood in this place. To be “life-giving ground” is to be a community that gives each of these boys the opportunity to become great – regardless of the circumstance that they find themselves in. That is what a Catholic community should be. I hope and pray we have been that for your sons this year.

We wish you and your family peace and joy over this Christmas and we look forward to what 2019 brings.

Nga mihi

Simon Stack

Merry Christmas

HEAD BOY 2019

Nicholas Lindstrom

DEPUTIES 2019

Matthew Hardie

John Balao
**Senior Academic Awards**

**DUX 2018**  
**Gio Cigaral**
General Excellence across the Curriculum  
David Beckett Memorial Cup for Commitment to Study Year 13  
First in Digital Technology  
Geoffrey Collin Memorial Cup for Achievement and all round Qualities  
St Bernards Cup for First in Physics  
Fr Daly Memorial Cup for First in Religious Studies  
Philip Prendergast Cup for First in Senior Computing  
Mr & Mrs Bingly Cup for First in Mathematics with Calculus  
Mr & Mrs Mullen Cup for First in English  
Accounting Cup for First Equal in Accounting

**Proxime Accessit 2018**  
**Caleb Carrasco**
General Excellence across the Curriculum  
Br Cyprian Cup for First Equal in Mathematics with Statistics  
First in Business Studies  
Accounting Cup for First Equal in Accounting

**Special Character 2018**  
**Dylan Bennett**
Hugh Graham Memorial Trophy for Contribution to the Special Character of the College

**Year 12**

**John Balao**
General Excellence across the Curriculum  
First in Business Studies  
First in Economics  
T J McCosker Cup for First Aggregate

**Krohn Memorial Trophy for Second Aggregate**

**Joe Devine**
General Excellence across the Curriculum  
First in Biology  
First in Chemistry  
First in Mathematics  
First in Physics  
Krohn Memorial Trophy for Second Aggregate

**Year 11**

**Zane Van Camfort**
General Excellence across the Curriculum  
First in Mathematics  
First in Music  
First in Science  
Br Arnold Cup for First Aggregate

**Kaelin Nguyen**
General Excellence across the Curriculum  
First Equal in Design and Visual Communication  
First Equal in Visual Art  
BZHR Family Cup for Third Aggregate
Junior Academic Awards

Year 10
Nicholas Tuuga – *Junior Samoan Trophy for Diligence in Samoan Year 10*
Marcus Khouchaba – *Michael Sherry Memorial Cup for Generosity and Service*
The St Bernard’s College Award for Academic Excellence in Year 10
Saran Ramachandran
Russell McCulloch
Max McGuinness
Isaiah Laing
Angelo Cabauatan – *Japanese Cup for first in Junior Japanese*
Dominic Barlow – *Ko te “E tipu, e rea” for Junior Te Reo Maori*
Benjamin Young – *McGuinness Family Cup for Commitment to Study*
Jonathan Watkinson – *Music Cup for Music in Year 10, McGuinness Family Cup for Commitment to Study*

Year 9
Jack Tetley – *Dunsheath Plate for first place in the Regional Speech Competition; Form 3 Oratory Cup for first in Speech Year 9*
Sean Montoya – *Junior Art Cup for Junior Art*
Kolitijaohn Leleisiuao – *Siutu Trophy for Diligence in Samoan Year 9*
Aex Corcoran – *SBC College Music for Music Year 9*
Liam Joseph – *George Flett Memorial Cup for Genorosity and Service*
Ieti Ah Young – *Anthony Heffernan Memorial Cup for Commitment to Study*
The St Bernard’s College Award for Academic Excellence in Year 9
Ramsin Khouchaba
Justin Aylor
Gerard Cabauatan
Angus Johnson
Noah Mingins
Zachery Robertson – *Anthony Heffernan Memorial Trophy for Commitment to Study*

Year 8
Lewis Collins – *SBC Trophy for first in Bible Reading, David Peters Memorial Cup for first in Speech*
Cameron Hall – *SBC Old Boy’s Jubilee Trophy for Generosity and Service*
The St Bernard’s College Award for Academic Excellence Year 8
Justin Cajilog
Syon Krishna
Harrison Campbell
Taylor Porter-Samuels
Nathaniel Graham – *SBC Old Boy’s Jubilee Trophy for Commitment to Study*

Year 7
Xavier Ngaro – *Form 1 & 2 Music Trophy for Music in Years 7 & 8*
Malachi Baron – *SBC Trophy for First Bible Reading*
John Arazia – *Moohan Cup for First in Speech, joint winner SBC Old Boy’s Jubilee Trophy for Generosity and Service*
The St Bernard’s College Award for Academic Excellence Year 7
Charles Keyworth
Michael Lopez
Matthew Smart
Caleb Thompson
Benjamin Housden
Euan Monteclaro – *joint winner SBC Old Boy’s Jubilee Trophy for Generosity and Service*
Thomas Doyle – *SBC Old Boy’s Jubilee Trophy for Commitment to Study*

*Congratulations to all our Award Winners*
Arts - Positive Planet Festival

Positive Planet Festival 2018
The junior production happens every year at St Bernard’s College, so when the date finally came we were all excited. More than half a year of work had gone into the festival and we felt prepared for whatever challenges came in our direction. We began with a late start followed by 4 hours of dedicated rehearsal time. It was a long day but we persevered and finished with ease. Two hours later and it was show-time! With three performance spaces the audience was spoilt for choice and moved between the courtyard, music and drama rooms. The Positive Planet Festival was an incredible night filled with fun. I’m sure that it will remain in the student’s memories for years to come.
Noah Jefferson Year 8

MICHAEL VAN DE ELZEN WAS HERE!

Chef Van de Elzen was at SBC on Friday the 14th of November. He was in the H11 kitchen cooking 5 great recipes from his new cookbook as a demo to the boys of both 8NI and 8ACSU and a few keen staff members. Chef Van de Elzen fully walks the talk in terms of healthy eating, he explained to the boys about the evils of sugar and showed them how to make their own raspberry cordial and homemade ‘Up n Go’ to make drinks that weren’t full of E-numbers and toxic preservatives.

Afterwards, he spent time chatting to the boys and taking photos with them, as well as signing copies of the new cookbook he’s just had published. He’s a busy man, having spent the past 4 weeks on tour around the country. St Bernard’s was selected to be part of this tour after Ms Gibb wrote a charming and convincing application letter. 200 schools applied, but only 50 were able to be part of this incredible opportunity.

.languages

On the 29th November the Year 9 & 10 Japanese students had a fun morning out at the Japan Information and Culture Centre followed by a game filled lunch at Fujiyama Teppanyaki.
Year 8 Camp

On the 19th of November all of year 8 packed their wet weather gear and plenty of dry clothes and headed up to Camp Kaitoke for our 3 night, 4 day camp experience. The previous week was beautiful sunshine and the forecast for our camp was rain, rain and more rain!

However, the rain did not stop this amazing group of boys making the most of every opportunity and pushing through the challenges the weather gave to them. Over the 4 days the boys experienced, kayaking, tramping, high ropes, sleeping in tents in the bush, cooking food in the bush, starting fires in the bush (in a good way), high ropes courses, mud slide, 120m Superfox, archery, rock climbing, abseiling and the 20m high GIANT SWING.

Throughout and within all of these amazing experiences the boys were showing team work, perseverance, support, encouragement and community. Every boy on camp rose to the challenges they were faced with and in many cases conquered their own fears and anxieties.

This was the highlight of the school year for our year 8 boys and memories were made which will last a life time. It was an absolute privilege to share this experience with the year 8 boys in 2018.

This opportunity would not have been possible without our parent volunteers. Andrew Hunter, Andrew Hall, Jason Clarke, Steve Kilduff, Grant Jefferson, Jack Hobbs and Troy Pahi. I could not have wished for a better group of parents to support the year 8 boys through the week. My sincere thanks and gratitude. To the teachers who came you were also outstanding. Emma Wallis, Kent Harris and Andrew Clarke. Thank you for going above and beyond to make this camp a huge success.

Best week of the year by far! Hamish Sutherland

Year 9 Retreat

The Year 9 Retreat this year was held in Term 4 and was led beautifully by ten Year 12 boys. They took time out from their exam study to accompany our Year 9’s in team building activities, creating roleplays about Marist values, learning the school haka and writing a letter to their future Year 13 selves. The boys rotated around these activities and were engaged by the icebreakers and the content.

Special thanks to the Year 9 tutor teachers and Ms Kristen Gibb for supporting their students and for supplying our amazing SBCWAY choose your own ingredient sandwiches. The boys loved the care and effort that went into creating their lunches and they tasted great too!

The boys had a great day and responded really well to their student leaders, Nick Lindstrom, John Balao, Jabez Castro, Daniel Searle, Jacob Smith, Jacob Sharkey, Royce Fitzgerald, Josh Bedonia, Daniel Henderson and Trent Alefosio. Thanks for your leadership already and we hope that your exams went well and that you have a restful summer break.
EOTC Events Week

Year 7/8 Petone Beach Clean up

The recycled nativity!!

Koranui Marae

Drama Workshop

Masterchef

Waste cooking

Days Bay Picnic
Winner of the Y.A. (Young Adult) prize at the NZ Book Awards.

In the Dark Spaces by Cally Black.

This is no ordinary kidnapping. Tamara has been a stowaway on a freighter in deep space, and her kidnappers are terrifying Crowpeople – the only aliens humanity has ever encountered. No-one has ever survived a Crowpeople attack, until now – and Tamara must use everything she has just to stay alive. Back on her freighter she has left her 2 year old cousin, Gubb, and she’s desperately trying to get back to find out if he has survived the attack. Should she stay as the only human among the Crows, knowing she’ll never see her family again ... or betray her new community if she wants to escape? - there’s no handbook for this hostage crisis. Highly recommended by Ms Kent - get your son to read it and then read it yourself!

Summer Reading @ SBC

This year 26 boys took the opportunity to issue books from our Library to read over the summer. A total of 245 books were issued (approx. 9 books per student!)

Hutt City Libraries Summer Reading Challenge 2018-19

- International research shows the ‘summer slide’ (where reading decreases over the long summer holidays) is a major barrier to ongoing literacy achievement
- Tamariki who have access to books and learning experiences during the long holidays show less of a decrease (or even an improvement!) in their reading levels when they return to kura/school
- The Big Read motivates tamariki to read books and participate in activities. Our friendly librarians are always available to provide support

Anyone (including adults!) can sign up for the challenge at any of our eight Hutt City Libraries from 1 December. The entire whānau can join in, this year we have:

- The Little Read for ages 0-5 years;
- The Big Read for ages 5-12;
- Explore, Read, Relax for rangatahi and adults.

It’s a great way to support your child’s reading and help them maintain the reading achievements they have made throughout the school year, even while on holiday! Don’t forget you can download audiobooks (ideal for long roadtrips), as well as e-books and e-magazines (travel light this year!!) More details at library.huttcity.govt.nz and at all Hutt City Libraries.

Art

Following the senior students last day at school, some dedicated Art students took to the road and viewed a variety of art on the Kapiti Arts Trail. There were the amateurs and the professionals, the paintings, the craft and the sculptures – so much to see!! We met folk with links to St Bernard’s College; teachers from the 1960s and teachers of our future. We saw art that was amazing, and art that we could do too.

Music

Zane Van Camfort in Year 11 had the privilege of being asked to go in The Biennial New Zealand Classical Guitar Competition’ held at NZSM Victoria University on the weekend of the 7 December.

There were competitors from all over NZ and even though he did not place anywhere, it was a brilliant experience that Zane says he thoroughly enjoyed being involved in.

There are many talented, up and coming classical guitarists in New Zealand and we are proud to have one of them at St Bernard’s.
Thanks. The science department wish to thank all students who have contributed to another successful, interesting and fun year. Thank you for entering the ICAS competition, attending and positively interacting in the many field trips that have been undertaken, for safely doing the practical work but above all for being great young scientists.

**Congratulations to the 18 year 10 students who have recently sat the NCEA level 1 external standards of Carbon Chemistry and Electricity and Magnetism.** We are sure that your hard work will be rewarded.

Thanks also for the **hard work that many year 9 and 10 students** put into their recent end of year examinations. We believe that it is important that science students have had the experience of sitting an extended examination where previous work has had to be revised. This is what they will experience in NCEA external examinations.

**CREST BADGES.** The Royal Society of NZ sponsor a science scheme called CREST. We will acknowledge around 50 of our year 7,8,9 and 10 students with a certificate and a badge. This is in recognition for producing a science fair project that demonstrates the scientific method. 6 will get a BRONZE award and 40 a FIRST CREST AWARD.

**Paper recycling.** Recently we received 16 young trees as an acknowledgement of the paper recycling efforts. Over the year we have recycled 48 wool phages of paper and cardboard. The trees came from the Rimutaka Nursery and the sponsors were the “Pub Charity” We have participated in this scheme for over 10 years and all of the trees have been planted around the school.

We **visited the senior classes at Our lady of the Rosary and Sacred Heart schools.** We got the students to do a range of hands on science experiments. We had 6 year 10 students acting as demonstrators.

We wish all of our senior students our very best wishes when they will go online to see their NCEA results which will be on or around the 19th of January 2019. May their hard work have been rewarded with favourable results.

The science staff wish every family a very merry and safe Christmas as well as a very prosperous and healthy 2019.

**God bless from - Emma Wallis, Lynley Pawson, Perry Nicol, Jacob Harris, Mark Harrison, David Housden, Luka Andic and Brenten Higson.**

**Science Hackathon**

We would like to say a huge thank you to all who took part in the Wellington Science Hackathon!

It was absolutely inspiring to see the enthusiasm of our hackers and truly impressive to see what you all achieved in two short days.

**Congratulations again to the winning team, Literal Explosion – Aroha, Fiona, Jake, Mathieu Boudet (SBC), and Yi.** Your well-considered and resolved solution absolutely met the brief!

**Fishing Club 2019**

A new club is forming in 2019- A Fishing Club.

This fishing club would meet at various local locations to fish once a month. Our goal is to inspire boys to get back into fishing, they would learn how to set up their own tackle, how to de hook a fish and lots more.

It would also be a way for parents/grandparents and caregivers to bond with their sons. At the end of the year, we would like to take the boys out fishing on a boat in Wellington. If this sounds like you, or you know of a family member that would be interested in being a parent support person to this club, (i.e.: you have fishing knowledge and are interested in sharing this with our boys) then please get in touch with Miss Emma Wallis via email ewallis@sbc.school.nz, as we are hoping to have our first fish at the end of February.
Health Nurse

Part of St Bernard’s College’s commitment to each student’s intellectual, spiritual, emotional, physical and social development is the provision of a weekly on-site primary healthcare nurse service.

Vibe Youth Health Service is a free and confidential health and support service in the Hutt Valley for young people aged 10-24.

Vibe provides a free nurse-led clinic at St Bernard’s College every Thursday from 9 till 3. The clinic promotes health and social wellness in the school and delivers primary health care to the students.

Our Registered Youth Health nurse has a Post Graduate Certificate in Primary Healthcare Nursing and has worked in primary health in the Hutt Valley for the past fifteen years. She sees students for any health issues or concerns they may have such as asthma/respiratory conditions, skin conditions, sexual health, sports injuries/accidents, vision, hearing, nutrition, mental health issues, and will provide health education and health information as needed and as appropriate.

Students can book an appointment to see the nurse via the school office.

During the course of 2019 the nurse will offer Year Nine students a HEADSS assessment, which will include a physical assessment (height, weight, blood pressure, vision and hearing checks) as well as discussions about health, home and school, nutrition, physical activities, safety and mood. If there are any concerns she will refer the students as appropriate (for vision/hearing/dental follow up, to the student’s GP or other outside services, to the Vibe Doctors, Vibe counselling service or the School Guidance Counsellor).

This will be an “opt in” health assessment and if you would like your son to have this free assessment in Year Nine, please contact Mary Grace Williams, the School Guidance Counsellor mwilliams@sbc.school.nz

There has been a confirmed case of rheumatic fever in our school.

What is Rheumatic Fever?

Rheumatic fever can cause sore or swollen joints (knees, elbows, ankles and wrists), skin rashes, fever, stomach pain or jerky movements. The main problem with rheumatic fever is that it can cause lifelong damage to the heart.

Preventing Rheumatic Fever

Rheumatic fever is an illness that some people develop a few weeks after a sore throat caused by a bacteria, (commonly known as a ‘strep’ throat infection). Not everyone who gets a ‘strep’ throat infection will go on to develop rheumatic fever.

‘Strep’ throat infections can be spread from person to person. To stop spread of ‘strep’ throats in schools or at home, encourage hand washing, cover mouths when coughing, use tissues when sneezing and throw away tissues as soon as they have been used.

It is also important to find and treat ‘strep’ throat infections early with antibiotics. Your family doctor can find out whether a sore throat is a ‘strep’ throat or not by taking a throat swab. If a ‘strep’ throat is found in time then antibiotics can be given. It is therefore important that anyone with a sore throat see their family doctor to be checked out and see whether a swab and/or antibiotics should be given.

If you do visit your family doctor please explain that there has been a recent case of Rheumatic Fever in the school.

If you want to get more information, please contact your family doctor or contact:

Tracey Green
Public Health Nurse
570 9339 or 027 807 5457

Attendance Dues 2019

Attendance dues for 2019 (incl GST):
Primary students: $510.00
Secondary students: $1,040.00
Our banking details are Westpac Acct number 03-0518-0000400-00
Please use your dues account number only as payment reference
www.wn.catholic.org.nz/attendance-dues
The PFS meet on the first Thursday of each month at 7.30pm in the school staffroom and we would love to have you join us. It is a great way to get to meet other parents and get first-hand knowledge of school happenings.

Please contact Felicity (Fliss) Hislop for more details
Email: fliss.john@xtra.co.nz
Phone: 021-369-748

From SBC PFS.
Thank you to all the families and friends who attended our Quiz Night in October. Thank you to our students who raised $582.50 through mufti donations that just about covered all of our expenses for the night. Well done St Bernard’s men! A huge thank you to the Food Tech Department for providing the awesome supper. Thank you to all the families who donated items for the raffles and the PFS helpers who supplied sweet treats for the evening. Overall we raised over $8000 which will be used towards the cost of relocating and refitting the gym kitchen. What a great evening it was!

2019 Stationery lists are available on our website. PaperPlus and OfficeMax give our school a donation based on the sales received.

Go to www.sbc.school.nz for 2019 Start of Year information