St Bernard's College Junior Course Structure 2023

Years 7 & 8	Hour-long periods per 10 Days	Notes:
Integrated Studies (English and Social Studies)	12	Social Studies and English are coupled into a single subject called Integrated Studies with the same teacher where possible.
Mathematics	9	
Science	5	Science and Mathematics are coupled with the
Religious Education	5	same teacher where possible.
Physical Education	5	
Digital Technologies	2	Arts is an integrated programme of Music, Drama,
Health	1	Art and Dance.
Arts	3	
Languages:	3	Languages and Technology rotate three times a
Te Reo Maori		year to give students an experience of a range of
Japanese		specialisations.
Samoan		
Technology	3	
Tutor time	2	
Total	50	

	Hour-long	Option Subjects:
Year 9	periods per 10	In year 9, option subjects run as half-year
	Days	programmes. Students make a guided choice of 6
English	7	options from the following range of subjects:
Mathematics	7	Te Reo Māori 1 & 2
Religious Education	5	Japanese 1 & 2
Physical Education	3	Samoan 1 & 2
-		 Education Outside the Classroom
Science	6	• Art
Social Studies	5	Music
Option Subjects	15	Drama
Tutor time	2	Digital Technologies
Total	50	Technology Cookery
		Technology Design
		 Technology Hard Materials
		 Technology Light Materials
		Sports Academy

	Hour-long	Option Subjects:
Year 10	periods per 10	Students make a guided choice of three of the
	Days	following options to take for the year.
English	7	Commerce
Mathematics	7	• Drama
RE	5	EOTC/Sport Studies
PE	3	History
Science	7	• Japanese
Social Studies	4	• Music
Options	3 x 5	Samoan Te Reo Māori
Tutor Time	2	Visual Art
Total	50	 Design & Visual Communication Digital Technologies Technology Construction Technology Cookery Technology Hard Materials
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