

General Information 2023

Lost Books

Please check at home during the holidays for any school library books or text books and return them to the College office.

Sun Sense

Many Physical Education lessons will be outside in summer months. **Please be aware of the need for sun protection.** All students likely to be exposed to the sun during the day should apply sunscreen before coming to school and carry some in their bags to apply again during the day. Students are advised also to wear the optional St Bernard's College sun cap/hat.

Valuables

We are becoming concerned that a number of students are bringing expensive electronic equipment, games and large sums of money to school. Furthermore, many of these students are being very casual about how they keep these items secure during the day.

We want to take this opportunity to reiterate some messages about security of personal items.

- Students should not bring expensive electronic devices or valuables to school unless necessary for their school work.
- If it is necessary to bring a wallet or an item which is valuable, it should not be left in an unattended bag.
- We provide for security of items during PE lessons but there are limits on what is reasonable to store, so ask that only essential items are brought to school.
- Items of value should, if kept in bags, be placed at the bottom of the main compartment, not in outside pockets. A travel lock on the zip is also a good idea.
- Lockers should be secured with a sturdy padlock. Some students are putting their faith in very poor quality locks. Combination locks are not recommended as they are easily defeated.
- Clothing must be well named.
- Claims for loss of personal property should be made through your personal insurers.

Please take the time to discuss sensible security precautions with your son and check from time to time that he is following them.

Messenger Duties for Students

All Year 7 to 9 students take part in this school service. Each student is rostered on for a day in the year. The roster begins in term one with the Year 9 students and then rotates down through the Year 8, then Year 7 students.

Publishing Student Images and Work

When students enrol, we seek permission for St Bernard's College to use photos and electronic images and/or examples of student's work in school publications including the newsletter, annual report, yearbook, production videos and publicity material, press releases, advertising and the school websites. **If you do not wish your son to have his photo or work published, please advise the office.**

Health Clinic

St Bernard's College VIBE Health Clinic provides a free, confidential health service to students who want advice, support or treatment for any sort of health issue. Things like vision and hearing concerns, skin infections, asthma, sports injuries, allergies, sexual health questions, information about alcohol, cigarettes and other drugs or feeling unwell or unhappy. Prescriptions are free.

If there is a health problem that is getting in the way of you making the most of what is happening at school or getting in the way of you growing and developing as a young person - come and see us - we will do our best to help.

A nurse will be at the clinic, based at the college one day a week. Students can make an appointment at the school office.

Parents/caregivers are welcome to telephone the school office if they are concerned about a health issue or if they want to make an appointment for their son/young person. Parents may choose to come to the appointment with them.

VIBE Youth Health Service

Free, confidential health and support services for young people ages 10 – 24 are available from VIBE Youth Health Clinic 4 Daly Street, Lower Hutt. The telephone number is 566 0525 or go to www.vibe.org.nz on line.

It's free to see the Nurse

It's free to see the Doctor

It's free for prescriptions

It's another option for young people

We can help with sports injuries, asthma, skin infections, vision and hearing stuff, sexual health, alcohol and drug issues, any health problem. We also provide support to young people for the transition from college to tertiary education, training and jobs.