



# ST BERNARD'S COLLEGE

TE KURA TUARUA O TATO PERENARA

## SPORTS STRATEGY

183 WATERLOO ROAD, LOWER HUTT

2024 - 2026



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# ABOUT US

St Bernard's College is an integrated Catholic Year 7 to 13 school for boys. The college is located in the centre of Lower Hutt. It serves the Catholic community across the Hutt Valley and Wainuiomata area. The maximum roll is 660 pupils. This allows the College to provide a full and varied range of subjects and activities, yet remaining small enough to ensure a caring, safe and personalised environment.

School Vision Statement: To be an inspiring Catholic Learning Community which nurtures the growth of it's sons.



# OUR TEAM

Wendy  
Tukapua

Director of Sport

Angela  
Moriary

Sports  
Administrator

Daniel  
Peckston

Sponsorship  
Co-Ordinator

Nick  
Risdon

Director of Rugby

Jason Love

Director of  
Basketball

Mark  
Harrison

Director of  
Football

Measina  
Volleyball Club

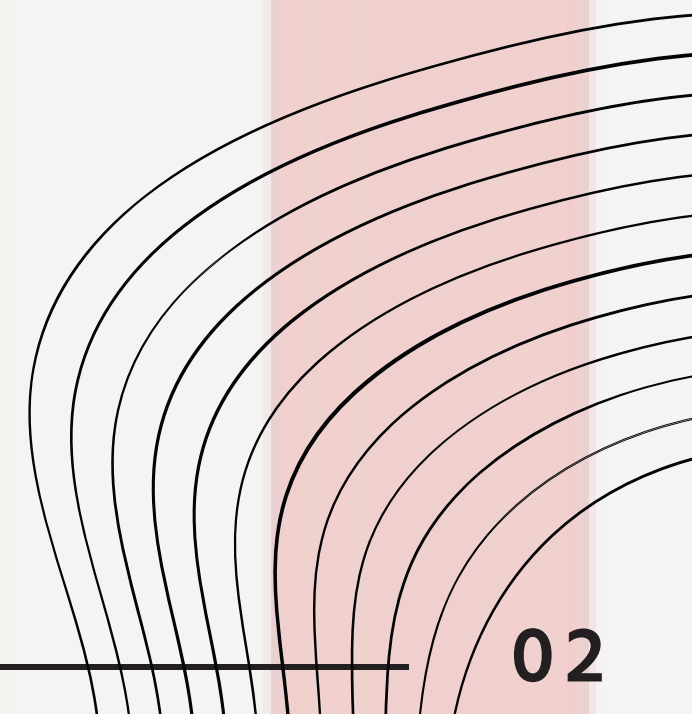
Convenor of  
Volleyball

Mitch  
Bialy

Convenor of  
Touch

David  
Housden

Convenor of  
Water Polo  
Swimming







# VALUES

## LOVE GOD, LOVE SELF, LOVE OTHERS

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these". Mark 12: 30-31

# MISSION

We encourage all our students to participate in sports and offer a wide variety of sporting opportunities. Our participation rates are the among the highest in Wellington. **High participation leads to aspiration and aspiration leads to sporting achievement.**

Our sports programmes embody character, resilience and determination. We strive to empower students to positively influence others to make a difference in our community.



# GOALS



We welcome students at SBC to play sport

- We actively promote and advertise sport
- We promote creating a safe place for growth
- Sports office & PE office working together to capture and engage our students
- 'Have a go days' to promote sports we have available
- We seek opportunities for students to get involved
- We offer a wide range of sports to cater for all

PARTICIPATION



We empower students at SBC to improve their skills and promote player expectations

- '8 Player Expectations' are encouraged and upheld regularly
- We actively seek high quality coaching at Premier level
- We seek for high tech equipment, breaking down any barriers for high level aspirations
- Support and upskilling of coaches and managers, through available courses (this in return helps our players)
- We aim to have teaching in the classroom that can translate to the sports field or courts
- Build player sporting IQ through sustainable programmes
- To build a culture of athletic excellence where every player is physically and mentally prepared to perform at their best
- To establish St Bernard's College as a consistent Premier-level performer in our major sports, reflecting our mana, pride, and pursuit of excellence

ASPIRATION



We acknowledge students at SBC who achieve sporting success

- We actively seek and celebrate sporting achievement within our community, along with sport that is not catered for within school
- Acknowledge excellence through the SBC Sports Awards and CSW awards
- We promote via our social media sites and school newsletter

ACHIEVEMENT



# 8 PLAYER EXPECTATIONS

## WHAT DO WE TEACH OUR PLAYERS IN SBC SPORT?



### Love Self

#### Being Coachable

Listen and respond with positive action. Be enthusiastic, ask questions.

#### Work Ethic

Bring your best all the time, do extra if required. Persevere through and show resilience when needed.

#### School Pride

Support our teams, wear uniform correctly, clean and tidy - for yourself and those that have gone before you.

#### Be Prepared

Come with everything a good sportsperson needs for your sport.

### Love Others

#### Communication

If you cannot attend, let your manager know and let coaches know if you need extra help.

#### Being On-Time

For your teammates, coaches, and managers.

#### Respect

For your teammates, coaches, managers, officials, opposition, supporters and other's property.

#### Help Out

"Team bag, before your own bag". Make sure you help-out and clean up before leaving a training or game.

**In doing all these and being grateful, shows the love of God**



# FOR ANY QUESTIONS PLEASE CONTACT

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*Love God  
Love Self  
Love Others*

